

Ruth Alexandor, PCC, RCC™, CTD

COACH



www.clearconceptinc.ca

Ruth Alexandor is a Coach and an expert in helping individuals and teams develop the competencies and commitment to work more effectively, improve collaboration and increase productivity.

For over 20 years, Ruth's career has focused on developing talent, supporting learning and leading the training function in professional services firms and in healthcare.

Ruth's strengths-based coaching approach supports leaders and individual contributors in learning, growth and change. Ruth's own strengths are high emotional awareness, compassion, a strong service-orientation and work ethic. Integrity, empathy and confidentiality are the cornerstone of Ruth's coaching approach.

Ruth has an Honours Bachelor of Arts and a post graduate certificate in business management from York University. In addition, she studied Adult Education at St. Francis Xavier and is a Professional Certified Coach (PCC) with the International Coach Federation, a Registered Corporate Coach™ (RCC™) with the Worldwide Association of Business Coaches™ (WABC™) and a Certified Training and Development Professional (CTDP) with the Institute for Performance and Learning.

When not working, Ruth enjoys the company of her three (almost adult) children and her dog, Louie. She stays physically active all year round and is an avid reader of non-fiction. Ruth has an intentional meditation practice to support productivity and overall happiness.

Connect with Ruth on LinkedIn: <https://www.linkedin.com/in/ruthalexandor/>