

Ann Gomez

, BSc, MBA

SPEAKER | AUTHOR | FOUNDER



www.clearconceptinc.ca

Speaker and bestselling author Ann Gomez has trained some of the world's busiest people, helping them reclaim their time and empowering them to do their best work.

As the founder and president of global training organization, Clear Concept Inc., Ann has presented to thousands of people around the world for over two decades, instilling what she has learned into compelling workshops and keynotes about productivity, collaboration, mindset, and wellbeing. She is an expert at translating theory into practical strategies to transform the way you work – and live.

Ann is a bestselling author and her latest book, *Workday Warrior*, received an honourable mention for The Globe & Mail's best management books. Ann is also the author of *The Email Warrior*.

Ann has been featured in The Globe & Mail, The Wall Street Journal, CBC Radio, and on national television. She is a winner of the Women Business Enterprises (WBE) Canada Leader Award and a nominee for RBC's Women of Influence Canadian Women Entrepreneur Awards.

Ann and her team at Clear Concept work with people across industries, helping them thrive at all stages of their career.

Prior to founding Clear Concept Inc., Ann was a Management Consultant with Kearney and has an MBA from Queen's University where she was the President of the MBA class. Ann also has an Honours Bachelor's Degree in Science (Biology and Psychology) from McMaster University.

Outside of work, Ann and her husband love spending time with their four active kids.

Connect with Ann on LinkedIn at: <https://www.linkedin.com/in/anngomez/> and follow @clearconceptinc on [Instagram](#), [Facebook](#), & [YouTube](#).